PE Curriculum

Intent, Implementation & Impact

Intent

Kiwi Primary School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver high quality teaching and learning opportunities that inspire all children to succeed in PE and in developing life skills. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with other as part of an effective team, understanding fairness and equality of play to embed life-long values. Our curriculum aims to improve the wellbeing anf fitness of all children at Kiwi Primary School, not only through sporting skills taught, but through the underlining values and disciplines PE promotes.

Implementation

PE at Kiwi Primary School provides challenging and enjoyable learning through a range of sporting activities: invasion games, net & wall games, striking & fielding games, gymnastics, dance, swimming and outdoor & adventure. The long-term plan sets out the PE units that are to be taught throughout the year. We use peplanning.org.uk as our curriculum, this ensures that the requirements of the National Curriculum are fully met.

Pupils participate in two high quality PE lessons each week, covering two different sporting discipline every term (the exception to this is year 5 and 6 during their swimming terms when swimming is the only PE lesson they have in a week as it covers a double lesson). Children in the Resource Base participate in swimming with their mainstream class and also for some other sports. This inclusive approach endeavours to encourage not only physical but also mental well-being.

After school enrichment clubs are offered termly and include sporting clubs.

The school has competed in the Salisbury School's Mini Marathon for the last 3 years and are allows children and parents to represent the school.

Children participate in workshops covering a variety of sports for example cricket with outside sports coaches. This provides the children the opportunity to try new things, develop and improve their fitness and at times develop leadership skills.

Children in years 5 and 6 have swimming lessons. Each class swims for 10 weeks at a local pool and are taught by qualified swimming teachers who are also members of Kiwi School staff.

Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.