



PSHE Curriculum

Intent, Implementation & Impact

Intent

Our PSHE curriculum is designed to help pupils become healthy, happy, safe and responsible citizens who are well prepared for life in modern Britain. We aim to provide a curriculum that is broad, balanced, inclusive and age-appropriate, enabling pupils to develop the knowledge, skills and attitudes they need to thrive both now and in the future.

Through PSHE, pupils will learn how to:

Build positive relationships and treat others with respect and kindness

Recognise and manage emotions, developing confidence, resilience and self-awareness

Make safe and informed choices about their physical, mental and emotional wellbeing

Understand themselves and others, including differences, diversity and equality

Develop independence and responsibility as members of their school, local and wider community

Stay safe in a range of contexts, including online, in the community and in everyday life

Prepare for change and challenge, including transitions between key stages and into later life

Our intent is to ensure that pupils are given regular opportunities to discuss real-life issues, reflect on their own experiences and learn how to respond to situations with empathy, maturity and respect. PSHE supports pupils' personal development, safeguarding, relationships and future life chances, and is taught in a way that complements the wider curriculum and the ethos of the school.

Implementation

Teachers introduce precise vocabulary, explain concepts clearly and model respectful communication, decision-making and help-seeking. This ensures pupils develop secure knowledge before applying it. Carefully framed questions, paired talk, debate and philosophical discussion allow pupils to rehearse ideas, consider viewpoints and correct misconceptions in a safe environment. Role play, case studies, problem-solving, decision lines and simulations help pupils apply knowledge to realistic situations without requiring personal disclosure. Key vocabulary, safety rules, health knowledge and core messages are revisited regularly through low-stakes quizzes, recall activities and planned connections across subjects. Emotion check-ins and evaluation activities help pupils identify progress, consider consequences and develop ownership of their wellbeing.

PSHE is organised through a progressive whole-school programme (SCARF) covering relationships, health and wellbeing, living in the wider world, safety and citizenship. Units are sequenced from foundational vocabulary and routines towards increasingly complex decision-making and independent application. Statutory Relationships Education and Health Education are clearly identified within the programme. Dedicated curriculum time is protected each week, supported by planned assemblies (including Big Class Meetings), themed days, pastoral opportunities and responsive teaching arising from local or national issues. Additional time is provided where safeguarding, health or community circumstances require it. Content is taught in a calm, inclusive environment with agreed ground rules, anonymous question systems and clear signposting to trusted adults and support services.

Impact

The impact of our **PSHE curriculum** is that pupils are equipped with the knowledge, confidence and skills to lead **healthy, safe and successful lives**. They are able to apply what they have learned to real-life situations, making thoughtful choices and showing increasing maturity, resilience and respect for others.

As a result of our PSHE teaching, pupils:

Demonstrate positive relationships and an understanding of how to treat others with kindness and respect

Show increasing emotional literacy, including the ability to identify, express and manage feelings appropriately

Make safer and healthier choices about their wellbeing, lifestyle and personal safety

Develop resilience, self-confidence and independence when facing challenges and change

Understand diversity and difference, and value the importance of equality and inclusion

Recognise risks and know how to seek help from trusted adults and appropriate services

Contribute positively to the school community and show awareness of their role as responsible citizens

We expect pupils to leave each key stage better prepared for the next stage of education and for life beyond school. The impact of our PSHE curriculum is seen not only in what pupils know, but in how they behave, communicate, respond to challenge and care for themselves and others.